



BROOKLYN_BORN

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How to get to Carnegie Hall? How to fit into your gown?

Thursday, May 18, 2017

Practice, practice, practice is the jovial answer to the first part. As for losing the weight to fit into your performance gown, that's where Spark People comes in.



When I posted this picture of my DD (Hayburner1969) on my feed, I received several inquiries.

Some about the performance, some about the significance of her "horse" screen name and some about how she did it.

I was going to try to blog the answers when I saw that she posted a blog today.

She has realized what we all do eventually. Stay connected on Spark. The program works but we are all an "experiment of one" and tweaking the principles to fit your own unique situation is necessary to reach our goals.

In her own words this is how she did it.

Finding What Works... Rolling Along (Hayburner1969)

www.sparkpeople.com/myprofile_public_journal_individual.asp?blog_id=6363491

I know Jeannie appreciates the support she receives here. Her Dad & I will soon be on our way to NYC support her in person

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Her Carnegie Hall recital is Sunday night.
She received this honor as the first prize winner of a piano competition.

Some background:

After "retiring" from competition 25 years ago to raise a family, she returned to the stage last June.
It has been an extremely successful year.

As for the "horsey" name, she was a self-proclaimed "anti-athlete" until age 29.

Both her athlete sister and I had "horsey" names on running forums. (I was Old Sturdy Mare)

A "hayburner" is a horse that does nothing but eat and never wins a race.

She felt that suited her.

Our "Hayburner" has redefined herself. We all can.

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52BINCE
Incredible!
1473 days ago



JUNEAU2010
How fabulous! I have tears in my eyes, I feel like jumping up and down! Just wonderful!!!!!!!!!!!!!!
1474 days ago



QUARTERMASTER3



1474 days ago



YELLOW09RED

I thought I posted to this when you wrote it. Sorry it's not on here.

1478 days ago



QUILTYENGINEER
Congratulations! You must be so proud of her!
1479 days ago



RAZZOZLE



1479 days ago



PATRICIAANN46
What a wonderful weekend for you and your family!!!! You must be so proud.
But.....don't forget what a great role model you have been for your daughter. She had your example to look to all of her life.



Enjoy.....



1480 days ago

MARYJEANSL

Your daughter's story is wonderful - always makes me smile. So does yours - and hey, now, as





of Sunday, both of you have performed at Carnegie Hall. Fantastic!
1480 days ago



52BINCE
This is "Beyond" Excellence! What a tremendous accomplishment
and your parents are rightfully SO proud!
1481 days ago



JEANKNEE
Having grown up with horses, I was familiar with the term hay burner. The horsey names for
the running forum makes me 🐾



Sure sounds like Jeannie has had an incredible year. So excited for her and the family. Enjoy yourselves this weekend!

1481 days ago



POLSKARENIA
And there won't be any prouder parents watching on Sunday night!
1481 days ago



SUSIEMT
What a testament to Hayburner!!! Spoken like a proud mama! 🔥



1481 days ago



INCH_BY_INCH
AWESOME GREAT JOB! KEEP SPARKING!



1482 days ago



SLENDERELLA61
Thanks! I know you are so very, very proud!! You sure should be.
1482 days ago



PHEBESS
She is going to totally rock that recital, looking gorgeous and wowing the crowd!!! Not to mention making her parents very very proud!
1482 days ago



GINIEMIE
Your daughter is a trip and I love her name, I know that she does more than "eat hay". It's so
good to see a mother-daughter team on SP. Prayers for a happy and blessed trip.



1482 days ago



NANCY-
Congrats to you all on all your achievements.
1482 days ago



MBPP50
1482 days ago



WATERMELLEN
Wow!! Love the explanation -- and the family pride so richly earned. And: since she's part of the Spark family we can participate too!!
1482 days ago



HEALTHYANDFIT27
Both daughter and Mom are awesome! What an honor!
1482 days ago





TCANNO
good job
1482 days ago



KRISZTA11
Loved your blog, Eileen!
Thanks for the explanations, I didn't know what hayburner meant :)



1482 days ago



NEW-CAZ
Amazing!!!
1482 days ago



SPARKFRAN514

Well Said!



1482 days ago



ANGIEN9
KEEP SPARKING!



1482 days ago



BJAEGER307

and I know you're just beaming with pride. I know I would be. Enjoy her special moment and enjoy those precious memories.



1482 days ago



LINDA!
Wow, she is incredible.
1482 days ago



AZMOMXTWO
you must be so proud of her
1482 days ago



SPEDED2

congrats to a very proud mamma.
1482 days ago



DOVESEYES
Enjoy the occasion, what an amazing year it has been :)
1482 days ago



ELAINEB1972

1482 days ago



SYLPHINPROGRESS
Old Sturdy Mare? There's your humor again with the confidence to use it.



When I first saw "Hayburner," I was intrigued. It didn't occur to me at the time to look it up, but, having already read a couple of Jeannie's blogs, I decided that it's akin to someone who lets no grass grow under her feet in any realm.

Enjoy the train ride and we'll see you soon!!!
1482 days ago



ALEXSGIRL1



AWESOME

1482 days ago



ONEKIDSMOM



Amen... so glad that you pointed Jeanne's blogs out... I've become a regular follower of BOTH of you!

P.S. Have a great time in New York, and may the performance be everything Jeanne wants it to be. Awesome.
1482 days ago

Comment edited on: 5/18/2017 8:17:24 PM



KOHINOOR2



AWESOME

I'm sure you will enjoy her Carnegie Hall recital on Sunday. Celebrate the special

occasion as proud parents.
1482 days ago

GREAT JOB! **HUBS** **THANK YOU!**



SUBMOM2



Have a great time!
1482 days ago



PRNCSCUP1-2FULL



Hard to believe she ever saw herself as a "hayburner"! I'm glad you get to go see her and support her at Carnegie Hall! What an honor!
1482 days ago



2BDYNAMIC



Incredible, Amazing, and Outstanding! ... Both your Daughter, and you as parents as well!

YAY!
..... Will definitely be looking forward to hearing more ...
1482 days ago



MORTICIAADDAMS



I hope you enjoy the performance!
1482 days ago



SKYDRAKE



I was hoping you and your husband would be going. Can't wait to hear how things go.
1482 days ago



CD4114015



Absolutely lovely...just like her mom! And you have to be JUST THAT PROUD too! I'm proud

of her and she's not even my daughter! You all did WELL!
1482 days ago

AWESOME **YAY!** **HUBS**



LIVEDAILY



"Old Sturdy Mare" - INDEED!! You put many of us to shame with your running and 5K's!!
Keep at it, too!!
1482 days ago



SDEHNKE



You must be so proud of her.

Suellen
1482 days ago

CONGRATS!



1958TMC



I can tell that you are very proud of your anti-athlete who turned runner ! She's beautiful.
1482 days ago



TERI-RIFIC
Have fun in the big Apple!
1482 days ago



CHAYOR73
WAY TO GO
1482 days ago



BLUEJAY1969
AWESOME
1482 days ago



JEANNETTE59
AWESOME
1482 days ago



HEALTHYME98
Wonderful and beautiful!
1482 days ago



AOKDIET21
Beautiful
1482 days ago



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