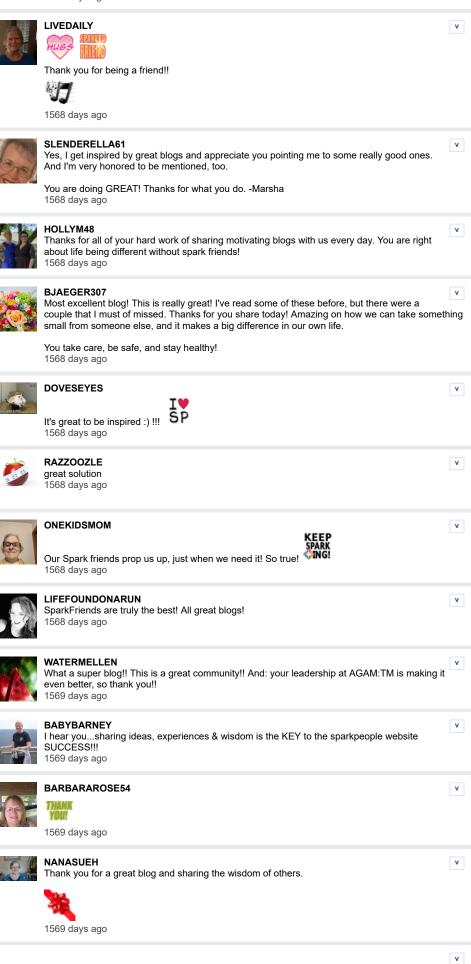
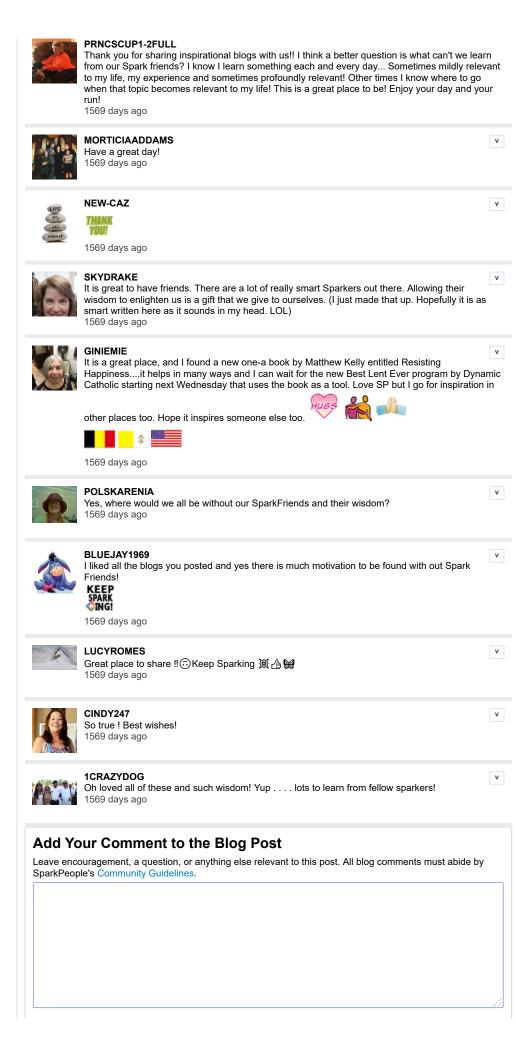


Member	Comments About This Blog Post	
	CD10676776	v
	DEEGIRL50 ISP 1567 days ago	V
Every Accomplishment starts with the decision to try.	SHAWFAN THANK 1567 days ago	V
ANT.	IONA72 "There will come a time"We don't want to look back wishing we had done more~ do it today! Great blog♡ 1567 days ago Comment edited on: 2/22/2017 4:38:06 PM	v
	<b>2BDYNAMIC</b> Awesome to have such support here! Nice to give credit where credit is due! 1567 days ago	v
	PRECIOUSPEG Me too! 1567 days ago	v
	TWEDEE777 Glad your up and enjoying life!! 1568 days ago	v
	NEWROSE27 KEEP IJ568 days ago	V
	CHERYLHURT Well Said! 1568 days ago	v
Like Waterlang	CARBMONSTERII	v
	MBPP50 Love this blog! 1568 days ago	v
GANKY DANKY	MARYJEANSL Maybe I should try to do my sparking in the morning instead of last thing at night! My motivation might improve thereby. 1568 days ago	V
	CD3409143 Well Said!	V





ADD AN EMOTICON SPELL CHECK

**Post Comment** 

Disclaimer: Weight loss results will vary from person to person. No individual result should be seen as a typical result of following the SparkPeople program.