



# BROOKLYN\_BORN

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## My split sports personality - watching 2 channels at once

Monday, January 25, 2016

I know why the networks schedule figure skating against football. Surely each will appeal to only one segment of the population. Except for me, again the oddball.

Yesterday, Denver vs New England began at 3pm, so I had one hour to watch uninterrupted. I did use the time for 32 minutes of strength training (I keep my dumbbells right in front of the TV) followed by 16 minutes of yoga stretching.

4 pm - the live broadcast of the men's national figure skating championships finals - the free skate.

I know that this sport has fallen in popularity and is regularly put down by football fans, but I love it. Even if we don't win much on the world stage anymore (except ice dance), I still follow it.

I especially like to see the younger competitors challenging the veterans to increase their technical content while the veterans show them what quality looks like.

I even see a parallel in football. Peyton Manning doesn't have the arm strength he once had, but got the job done with finesse and outthinking the opposition, plus a LOT of help from his defense.

So from 4 - 6 pm yesterday I switched back and forth between the 2 competitions. My only exercise was my finger on the remote buttons.

Whew! What a finish in both arenas. Manning gets one more Super Bowl appearance and 16 year old Nathan Chan, who completed 4 quads in his free skate, will join 2 veterans at the world championships. Note: 4 quads in one performance have never been done before, by anyone anywhere in the world.

This is day 4 of "Snowbound in Virginia" - feel free to laugh all you snowbelt people. Yeah, 12 inches total on Friday and my choral rehearsal tonight has been cancelled. I suppose that's smart since we do have a problem with black ice in this area.

I want to run or at least walk outside today. The sun is shining but my road is still a pile of icy slush and few people in town shovel their sidewalks.

I don't have a sidewalk since I'm 2 houses outside of the town line and nobody past the border has sidewalks since the law didn't require the builders to include them.

Temperature is predicted to be in the 40s today, so maybe this afternoon I can get out. We will see. Otherwise it's another day of alternative fitness.

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**MARYJEANSL**

I love figure skating, but since I almost never watch any TV, I never know when figure skating is on. :( I'm so sorry I missed it. Maybe if I look up dates and times well in advance, I won't miss Worlds. I'm a more typical skating viewer, though; I don't really care for football.  
1956 days ago



**HOLLYM48**

I love figure skating, don't much care for football. I did see Nathan Chan perform and he was awesome. They all make it look so easy! You would think that since I grew up in Minnesota I would know how to ice skate, but apparently it never took-LOL. I love watching the beauty and flow of those people!  
1958 days ago



**EGRAMMY**

It's honorable of you to appreciate the sports talents of a variety of participants.

I found out that several friends in nursing homes were watching the skating and getting joy from



that.

1960 days ago



**WATERMELLEN**

Great flexibility!!!

1962 days ago



**WUMPASTAR**

From Saskatchewan, Canada I'm far from laughing. You guys have got more snow than us and I'm super jealous!!!

1962 days ago



**PHOENIX1949**



1963 days ago



**SLENDERELLA61**

Hey, I watched some of both, too! Bet we're not alone. Loved your descriptions. Hope you get a great walk today!

1963 days ago



**CD4114015**

I also have my dumbbells CLOSE at all times! LOVE THOSE babies!

And I agree, you can do it! Watch two sports at one time or anything you want! I think that is



AWESOME!

1963 days ago



**LIVEDAILY**

Yesterday was an awesome day for football fans!! I got no exercise done, other than minor walking, but I did get some knitting and crafting done while I watched the games!

1963 days ago



**CD4199227**

I get increasingly frustrated with the officiating at the NFL games. ARRRGGGHHHH.

yesterday (I think) was the anniversary of the Blizzard of 1978. Anyone who was around then can tell you where they were and what they did. This may be one of those storms for you!

1963 days ago



**A\_NEW\_JAN**

I would definately watch the skating competition over the football. Football is such a violent game now. There is already too much violence in this world.

1963 days ago





**MISCHAKEO**

Good luck on another snowbound day. I flip channels also. I am glad Denver won and that Peyton has another chance.



More indoor training. My son has 3 feet of snow and is shoveling.  
1963 days ago



**ONEKIDSMOM**

Hang in out there! Over the course of the week, you will dig out! And you can brag you survived "the big one" of 2016!



1963 days ago



**NELLJONES**

You can get TVs with split screens.



I'm on Day 4 of snowbound in Virginia, too, but it's 30 inches of unplowed street that have me locked in.  
1963 days ago



**TWEDEE777**

I read and watch TV and the hubby just laughs. He quizzes me to see if I know what's going on. I almost always do unless I get distracted. Lol



1963 days ago

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