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# BROOKLYN\_BORN

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## My First Pot of Soup and the "Ultimate Challenge" is the reason.

Saturday, January 02, 2016

Considering that I've been on this earth for nearly 70 years, that title must sound strange to "real" cooks, but to me soup is what I eat when I'm sick. Then I just open a can.

Spark Guy's Ultimate Challenge encourages us to extend spark concepts to all areas of our life.

A few days ago I organized my pantry and found a packet of Bean & Grain Soup Blend by "Organic Harmony." I have a vague memory of buying that to support some youth group, perhaps the marching band or Boy Scouts or even a HS football team.

I had good intentions at the time and even searched the local stores for an ingredient called "dry savory leaves." By the time I found it, it was summer and I surely didn't want soup in summer here in the south.

New Year's Day - time for new things, right?

I had all the ingredients except chicken.

No problem, there was still a lot of ham left for DH to cut off the bone.

I substituted organic vegetable stock for half of the water and doubled the amount of carrots, celery and onions.

If I'm going to eat soup, I want it to have flavor and substance.

It turned out great. It was a meal in itself last night.

Of course, there are only 2 of us and that 6 quart pot contains a LOT of soup. We'll be eating it all week.

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**HOLLYM48**

I made split pea soup for the first time a month ago and it was so good homemade! But yes, it does make a lot and you must be prepared to have it as a leftover several times.

1978 days ago





**WATERMELLEN**

I do love soup, all year round -- and my supper soup made Saturdays usually (this week is an Italian farro vegetable) last me all week too!!

Your debut sounds terrific!!  
1983 days ago



**NUMD97**

I see I was beaten to the punch: I, too, say save some for the freezer for those especially bitter cold days. Here in NY, we're just having our first cold snap of the year, and I looked in the pantry for some hearty soup yesterday. Found it, and it certainly hit the spot!

I'm sure your soup would come in handy if you hid a portion or two in the freezer, for a later "surprise".  
1983 days ago

Comment edited on: 1/5/2016 6:19:48 AM



**CD4114015**

I agree, freeze it! I LOVE soups!  
1983 days ago



**A\_NEW\_JAN**

I love soup & eat it all year 'round! Yes, even in the summer in New Mexico! Unfortunately, DH does not share my love of soup, so usually, I just open a can. When I do fix a pot of the home made kind, I am in food heaven!  
1985 days ago



**ONEKIDSMOM**

Yep, when I make a pot, it lasts me a week to a week and a half! But it keeps wonderfully and is better with every re-heating. Yum! Yours sounds great, by the way.  
1985 days ago



**SWEDE\_SU**

soup is a winter mainstay - we are only two, as well, and we have 2-3 meals, then the last quart goes into the freezer - and often comes out as freezer surprise, but... oh well:-)) that's is also fun and tasty.... the beauty of large batches and leftovers!  
1985 days ago



**LIVEDAILY**

I only know one way to make soup: A LOT...lol!! I do tend to make more soup in the fall and winter months, and I do freeze some, but it's just wonderful to have a bowl of hot homemade soup for lunch or/and dinner. There are SO many different kinds of soup you can make, too!!



1985 days ago



**ALEXSGIRL1**

1985 days ago

**DOVESEYES**

I agree freeze some, enjoy.  
1985 days ago



**SUBMOM2**

Enjoy!  
1985 days ago



**PHOENIX1949**

I always freeze some individual-sized servings. I had never made soup until about two years ago -- equated homemade soup with a thick layer of fat on top. Not much cold weather here in Central Texas so only make it a few times a year. Don't care for cold soups.  
1985 days ago



**JOYCRN**

Freeze a couple of servings! I made a huge quantity of a ham and bean soup last winter and it

tasted just fine after freezing.  (We need a soup emoticon)  
1986 days ago





**LIVINGLOVINLIFE**

Sound yummy. I love home-made soup in the winter or when I am under the weather.. Have a great weekend.

1986 days ago



**LIVINGLOVINLIFE**

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1986 days ago



**ALICIA363**

Way to go! Sounds delicious, and reminds me I haven't made chili for a long time...



1986 days ago



**PHEBESS**

Good for you for trying something new and challenging! Sounds like a wonderful soup! I love those dry packets that have various beans, great for the base for minestrone, or my personal fave, mushroom barley soup! Mmmmmm, I can eat a hearty soup every night all winter!!!

1986 days ago



**BBEGAN**

What a fun new challenge for you! And it sounds like it was highly successful!

1986 days ago



**USMCSIS4024**

Sounds like a good way to introduce yourself to soup!

1986 days ago



**POINDEXTRA**

Soup freezes well, too.

1986 days ago



**MILLEDGE2**

I, too, waited til I was "mature" to decide that soup deserves attention. Now I'm a total convert! Two words for consideration: crockpot; freezer.

As a single person, it makes sense to freeze about 2/3 of each batch. Then I make a pot of a different kind and freeze most of that (using single-serving containers). Once more, this time something hearty like a chili, and now I have light meals enough for several weeks!

Sparkrecipes and Pinterest give lots of healthy options.

1986 days ago



**SPARTANJAI**

Sounds delicious

1986 days ago



**1BOOMBALATTY**

Freeze some

1986 days ago



**HEALTHYANDFIT27**



1986 days ago



**NELLJONES**

I eat soup all the time, but haven't opened a can for years. Once you get used to real soup, there is no going back to commercial concoctions.

1986 days ago



**GSABASS**

That's the beauty of soup! Cook once, eat several times! :)

1986 days ago



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