



# BROOKLYN\_BORN

[Change Banner Image](#)

**154,944**  
SparkPoints

[Info](#)[Photos](#)[Feed](#)[Blogs](#)[Awards](#)[More](#) 

## I'm number 11! - I'm number 11! - and it only took 8 years!

Saturday, December 31, 2016

Tomorrow, January 1, 2017 is my Spark Anniversary. It was 8 years ago, New Year's Day 2009, that I joined Spark. I made up some meaningless username to get started. I only intended to use the trackers not get involved in anything else.

By summer I was halfway to my goal and I was getting daily email with links to resources and blogs. I began to read them, learn and secretly connect with others. I was aware of them. They did not know that I, a "stealth sparker" was following their journey. I became familiar with their unique user names and decided to reinvent myself. I became "Brooklyn\_Born." So my "official" Spark date is listed as August 2009. I don't even remember my old name.

I joined a few teams so I could silently follow those sparkers who inspired me.

I reached my goal weight on Thanksgiving Day 2009. How ironic is that? I reached goal on a day when all of the USA celebrates by eating lots of food.

I had already learned that no one is immune to regain and reaching goal was not the end of the journey.

So I followed another sparker to a new team - At Goal & Maintaining + Transition to Maintenance.

Now 7 years of maintenance later, I am sure of one thing. I may have lost the weight as a spark hermit, but I never could have maintained the loss without Spark, the maintenance team and the support of friends

Now as for the title of this blog. No, it's not a typo. I'm not number 1 as the football fans regularly chant and actually I'm tied for #11 with 6 others.

I'm talking about Spark Trivia leader board for December. Trivia is the first thing I do after spinning the login wheel to document that I've been here, ready to start my day of making healthy choices and seeking the motivation to do exactly that. Somehow I always find it, in an article, a blog or even just a status post.

I began my spark life carrying extra weight for 25 years.

I began my trivia life way down the list, pages and pages down the list. 60% correct was a GOOD score for me.

I've learned a lot along the way.

Happy New Year to all my fellow Sparkers.  
May 2017 be a successful year for all of us.

[Add a Blog Entry](#)

See Today's Featured Member Blog Posts

### More Blogs by BROOKLYN\_BORN

[Now I can add one more event to my "Anniversary Dates" to forget - 6/7/2021](#)

[Avoiding Our Wedding Anniversary - 6/4/2021](#)

[Multitasking for Safety – Plus Remembrance and Reflection - 6/1/2021](#)

[Taps Across America – The National Moment of Remembrance - Monday 5/31/21 3PM - 5/30/2021](#)

[View All >](#)

Share This Post With Others

[Report Inappropriate Blog](#)

## Member Comments About This Blog Post



**GINIEMIE**



Happy Sparkversary on your way to ANNIVERSARY ! I applaud you and envy you. I lost weight but didn't find the maintenance group and have regained all but 2017 is a new beginning. I will track, eat wisely and lose weight-my doctor says 20 pounds I pray and will work for 30. And WHEN I reach my goal I will look to you and a few others to maintain said loss and keep making healthy choices. I do trivia after logging in too but I still have bumper days. I haven't even checked my

number for 2016. Keep on going, I'm looking at your trail.



1620 days ago



**LIVEDAILY**



Congratulations!!  
Great blog, too!!  
Happy New Year!!  
1621 days ago



**DOVESEYES**



What a wonderful blog I started out incognito as well, learning so much and then little by little got more involved.  
Have a wonderful year dear friend :)  
1621 days ago



**SPEDED2**



Happy New Year!  
1621 days ago



**SUNNYCALIGIRL**



Well Done!  
1621 days ago



**NUMD97**



Congrats, B\_B on being Number 11. That's no small feat, as I am also "pages and pages and pages" down the pathway. I also agree with DebVNE (my partner in crime) as to some of the phrasing of the questions. I was not going to mention it, as it sounds like sour grapes, but I, too, wonder how some are getting the most obtuse questions right and wonder if they are "back-buttoning" it.

Congrats, too, for being on maintenance for SEVEN (count 'em SEVEN!) years. Good for you!

I also saw your feed about your grandkids recreating their photo, and wondered if you posted it in your feed. If so, just know that your feed is not accessible. I'm sure we all would love to see it and share your joy.

And, finally, let me take the opportunity to thank you for all the time you invest to write your blogs. They are oftentimes poignant, meaningful, and humorous, and I think it is safe to say that I can speak for the community that your writing strikes a chord with many of us.



Happy new year, B\_B! May all that you hope for the new year come to fruition.  
1621 days ago

**MORTICIAADDAMS**



Happy sparkversary!!!  
1621 days ago



**PHEBESS**

Congratulations on your trivia score, and for being here for so long!  
1621 days ago



**PEGGYO**

**KEEP  
SPARK  
ING!**

1621 days ago



**KNH771**

Happy Sparkversary!  
1621 days ago



**PRNCSCUP1-2FULL**

Congratulations!! I know how you enjoy the trivia! #11 is impressive! I am a Sparker who is happy that you are now an active and well known Sparker instead of your former stealth Sparker! Happy New Year!  
1621 days ago



**SUNNYBEACHGIRL**

Happy #11!!!!

I recognized your sideways dance into being an active Sparker. I liked the online tracking and planned to just use that function. Then I was seduced by the articles, the exercise videos and then the common sentiments expressed by others. Now I check in everyday and value the support for helping me to commit to maintaining  
1621 days ago



**WATERMELLEN**

I am SO impressed!!!! My Trivia scores are . . . keeping me humble!! Glad to know they may improve with time!!  
1621 days ago



**MARYJEANSL**

Oh, and I forgot to add - congratulations on the trivia score!  
1621 days ago



**MARYJEANSL**

Happy New Year to you as well! Here's to a year of healthy choices for us all!  
1621 days ago



**PHOENIX1949**

**WOO!**

Here's to a happy and healthy 2017 for you and yours!  
1621 days ago



**KRISZTA11**

**CON  
GRATS!**

to your 8th Spark Anniversary,  
and to being 11th on the Leader Board for Trivia!

**HUGS**

1621 days ago



**SMILINGEYES2**

**Well  
Done!** **CON  
GRATS!**

1621 days ago



**ANAKIE**

I used to do the trivia until I found too many of their "correct" answers contradicted in their own articles or on medical websites. Now I just read everything and skip the quiz.  
1621 days ago





**HELEN\_BRU**

Always enjoy your blogs. Wishing you and your dh all the best in the New Year and hope he continues to recuperate.



1621 days ago



**DR1939**



1621 days ago



**ECOAGE**



I'm also on the Trivia Board!

1621 days ago



**CD15520036**

Happy New Year you too!

1621 days ago



**ONEKIDSMOM**

I honor your #11... since I rarely play Spark trivia, it's one of the things I look at with somewhat detached interest, as several of my Spark friends and folks whose blogs I regularly read (yours, among others) are avid trivia players. I learn something every time you blog about it, without putting in the effort of playing myself... kind of makes me a stealth Trivia observer!



Happy New Year and congrats on being on the leader board!

1621 days ago



**ELAINEB1972**



1621 days ago



**HOLLYM48**

So glad you have been part of my journey. Congrats on your trivia score. All the best as we ring in the New year!!!

1621 days ago



**CD4114015**

Much of my journey is just like yours except I don't have your trivia or number brain, and in March I celebrate TWO full years of maintaining and still have a hard time wrapping my head around that!



And I agree, may 2017 be our BEST and HEALTHIEST year of all!



1621 days ago



**DEBVNE**

Congrats, such a powerful message in your blog. I too begin my day with trivia, the fact that I am up to 71% overall accuracy is saying something. The educator in me wants to rip my hair out at the poor quality of questions, the fact they still use true/false, a no no! Sigh, it does frustrate and exasperate. I always wonder who is doing so well...makes me happy it is you! #11? Rock star! Like you, I also learn every day when I do play...true nuggets of wisdom embedded in the explanations.



All the best in the year ahead, Happy New Year!

1621 days ago



**SYLPHINPROGRESS**

Beware.....Mathematician at Work



1621 days ago

Comment edited on: 12/31/2016 9:04:37 AM



**GEMLADYONE**

Thanks for sharing! I think there are many like you were that are stealthily following and getting closer to their goals and it's good for all to hear that approach can also work....and also how much harder maintenance can be!

1621 days ago



**FUNLOVEN**

That is very cool! I did the Spark Trivia for a shot time but gave it up because I didn't think of it as anything more than collecting points. Know I see how it can be used as a learning tool.

HAPPY NEW YEAR!

1621 days ago



**RO2BENT**

You can search for the answers online before you answer them

1621 days ago



**SLIMMERJESSE**

I joined 20 days after you. 8 years for me as well. Happy Sparkversary to us both.

1621 days ago



**SWEDE\_SU**

i'm number one! or at least tied for it:)) i also spin the wheel and go straight for the trivia questions, then the blogs. habits! healthy ones...

1621 days ago



**JEANKNEE**

I used to do Trivia regularly and got away from it this summer. Love the irony of reaching goal on Thanksgiving Day. Thanks for sticking around and inspiring others to find their way.

1622 days ago



**FITWITHIN**



1622 days ago



**SHELTER-PETS**



1622 days ago



**BBEAGAN**

Congratulations on being #11! What a great blog. And now you have become one of those Sparkers who inspires so many others!

1622 days ago



## Add Your Comment to the Blog Post

Leave encouragement, a question, or anything else relevant to this post. All blog comments must abide by SparkPeople's [Community Guidelines](#).

Subscribe to this blog

ADD AN EMOTICON

SPELL CHECK

Post Comment

Disclaimer: Weight loss results will vary from person to person. No individual result should be seen as a typical result of following the SparkPeople program.