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Every morning in Bratislava, Slovakia

Tuesday, August 09, 2016

I walk about 1/4 mile to the Danube River and along the path there until I come to this bridge.



It's called the Novy Most (new bridge) or Most UFO (UFO Bridge because of the shape of the restaurant on top. You can get a good meal up there or as an alternative, they will give you a bungee cable and you can jump off.

I run along the path being careful to stay in the walker/runners lane so as not to interfere with or get run over by some very fast bicyclists. The weather has been wonderful, in the high 50s -low 60s with a light breeze from the river

On my right is St Martin's Cathedral, where kings and queens of the Austro-Hungarian Empire were crowned for several hundred years. There's a crown on the top of the steeple signifying this.



Also to my right is the castle fortress (Bratislavsky Hrad) which dominates the landscape and defended the city since the Middle Ages.

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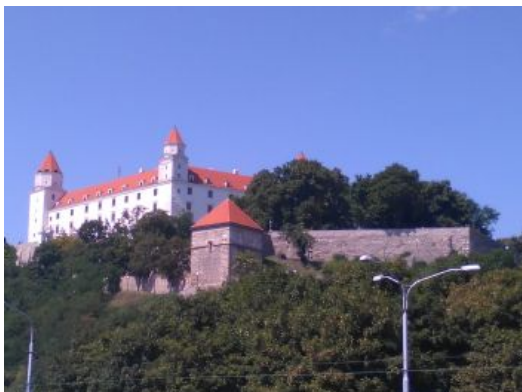
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I run 1.5 miles to the next bridge and return - a 5k to start my day. Sunday I turned it into a 10k.

More about the city next blog. It's nearly 6pm and I have a folksinging workshop back at the school followed by another traditional dinner.

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CD15665102
LOVELY.
1762 days ago



CD4114015
Absolutely breathtaking! Thanks for sharing the journey with us!
1763 days ago



MARYJEANSL
Such a beautiful and fascinating place - you are blessed to be able to be there!
1763 days ago






1STBUCKETITEM
Great pics and lovely memories to collect each day.
1764 days ago



WILSONWR
Thanks for sharing the pictures and stories of your trip. It is also always so interesting!
1765 days ago



GINIEMIE
It is really lovely and so interesting. Thanks for the pictures and descriptions. Glad you have a
safe place to walk/run.   



1765 days ago



DR1939
We took a boat from Budapest to Vienna. There was a tour from Japan traveling from Budapest to Bratislava. When the boat stopped briefly to let them disembark one of them was in the restroom and the boat left before she came out. She spoke no English but somehow they found out her plight and turned the boat around and took her back. Obviously, this was not a cruise ship but a much smaller boat. It was before there were no borders in the EU and my passport has



a ship stamp.
1765 days ago



DOVESEYES

Beautiful views to look at while running.
1765 days ago



WOOFERCOALBOY

I recommend Patrick Leigh Fermor's books about walking down the Danube.
1765 days ago



SUNNYCALIGIRL

Sounds like a great vacation!



1765 days ago



ONEKIDSMOM

What a lovely setting to run in!



1765 days ago



HOLLYM48

How awesome. Thanks for sharing.



1765 days ago



PHEBESS

Best way to get exercise - walking or running in new and interesting places! (It also exercises your brain, being in new places!)



And then folksing evenings - what a wonderful summer for you two!
1765 days ago



PRNCSCUP1-2FULL

Envious as always!! But, so happy for you! What a wonderful way to get your exercise!!
1765 days ago



WATERMELLEN

What a beautiful and interesting landscape for your morning exercise!! Now, eating the "good meal" and then jumping off with the bungee cord -- probably not a good combo!!!
1765 days ago



SMILINGEYES2

What beautiful way to get in your exercise. Enjoy.
1765 days ago



JAMIRBLAZE

Beautiful!
1765 days ago



LIVEDAILY

Beautiful blue sky! So glad you are having good weather! It makes it so much easier to run and see the sites when the weather cooperates! Hope you are enjoying your trip!!
1765 days ago



PEGGYO

sounds like you are having fun!!
1765 days ago



HELEN_BRU

All that history just jokes me up!
1765 days ago



JEANKNEE

Thanks for sharing your morning experience with us. Looking forward to the upcoming blogs.
1765 days ago





PHOENIX1949



1765 days ago



SYLPHINPROGRESS

Aaah, to be Brooklyn-Born.



Hey, wait a sec. I was!
1765 days ago

Comment edited on: 8/9/2016 12:30:07 PM



SUBMOM2



What a way to start your day!



1765 days ago



ECOAGE



1765 days ago



CD16885458

Very interesting blog and cool photos. Thank you for sharing with us.
1765 days ago



LADYARTIST41

Beautiful!
1765 days ago



GLORYTOHIMALONE

Sounds exciting & what an experience too! Keep up the great work outs too.
1765 days ago



SEAMUNKI

I'm envious of all the beautiful scenery you get to walk by everyday. Good job on the exercise.
1765 days ago



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