

Summary so far:

169 out of 310 are still sparking!

That's an a	mazing 55%	
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	GINIEMIE I addressed some of the feelings wrought by change on yesterday's blog. Yes change is inevitable and as you stated not always better. Changes in format if your eyes are bad can be scary, you can't find things. Changes in the way groups are here to me is unfriendly. I rememb going to my groups and seeing a rolling ribbon showing who posted and greetings to others or teamIt made me want to check on my teams. Now I spin for points for a few of them and just on to other pagesit makes me feel disconnected and I think that's the way some of our SFs	n the go
	Well Huss & O	
	*	
	1844 days ago	
	BBEAGAN 55% is awesome! 1844 days ago	v
A ADD	DOVESEYES Things change and it seems suddenly you realize how many years you have been away from a place. I t is always great to find a friend still around that remembers the same things you do. Great blog. 1844 days ago	v
1	YISKAMIRYAM Awesome! I've been here under this screen name for a year and a half but have been with spark for 5 years. Its nice to see others that have been around for a good long time! 1844 days ago	v
6	ONEKIDSMOM When I went errand-running with ALICIA363 last Sunday, she turned up one of the few neighbors that has hung around mom and dad's old neighborhood good to see her!	v
	And love that the percentages are rising as the days go on. 55% is a good number for an aver but I expect it will get event better. 1844 days ago	age,
	CD4114015	v
	I agree your numbers and perseverance are AMAZING! 1844 days ago	
	POINDEXTRA I'm really enjoying this series of blogs - I may just go through my own Friends list and do the same! 1844 days ago	v
	KANSASROSE67 Good blog! I've been on Spark for 5 1/2 years and I'm pleasantly surprised how many others have stuck with it70% is a pretty high number, I'd say. 1844 days ago	v
	Comment edited on: 5/24/2016 2:41:26 PM	
	CD13758606 Thanks for sending me a goodie. And checking in with me. I am not lost, I am exploring. I just finished my half marathon in Chicago quite successful; and training hard for the Chicago mara in the fall. Love your blog. People need to change based on their needs. 1845 days ago	v thon

	TERI-RIFIC Well Good observations, 1845 days ago	V		
**	PHOENIX1949 Fun story about your visit and finding Junior P. Encouraging stats on your old SP friends.	V		
E.	LIVEDAILY I remember the first time I went back to my alma mater. The reaction I had was not what I was expecting. I cried the entire walk from Main St. to my old dorm. It really hadn't changed that mu I don't know why I cried, but I was happy to be there. Good numbers!! 1845 days ago	v lch.		
	MDTWEETY So very true! Have a great day! 1845 days ago	V		
93	JEANKNEE The neighborhood I grew up in has four old timers remaining. Will be visiting one of them in a few weeks. Papa (as we call him) has dementia and it remains uncertain how long he will remain at home. It will be good to visit. These numbers you're seeing are pretty incredible. 1845 days ago	v iin		
	SUNNYBEACHGIRL I miss those who have left who touched me wit heir story or kindness. 1845 days ago	V		
I'M GONNA NAKE The rest of hy life. The best of hy life.	JJMPLSMN I am surprised at how high the Spark number is. Good for everyone. 1845 days ago	v		
	EEARHART1 Nice story 1845 days ago	v		
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	cribe to this blog ADD AN EMOTICON SPELL CHEC	ĸ		
Disclaimer: Weight loss results will vary from person to person. No individual result should be seen as a typical result of following the SparkPeople program.				