



154,963 **SparkPoints**



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Where have all my old friends gone? Day 3

Tuesday, May 10, 2016

I'm working on this project gradually, checking in on 10 old friends per day.

That's my mindset about most things - gradual, slow and steady progress. It's worked so far for weight loss, increasing fitness/strength training/steps per day, cutting down on sugar etc.

The lesson learned today is that sparkers are not inactive just because they are not communicating with me. They may not be blogging and have a private feed, but they are posting on teams and/or message boards or receiving awards for fitness minutes. Good for them! Spark is a huge and varied community with something out there for everyone.

So even if our paths aren't crossing like they once did, I'm glad to see that they are still on board and hanging in there.

Summary so far:

Day Active Inactive/Missing

173

264

355

At this point: 60% are still actively sparking

Note: Since I have a data driven mind, I'm keeping my results in a spreadsheet, but Spark doesn't accommodate the formatting when I paste them into the text here. Still you get the idea.

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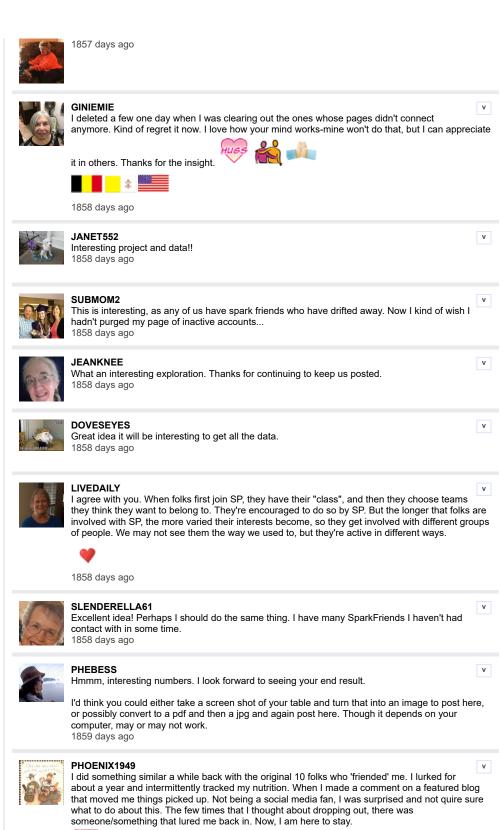
CHANGINGHORSES

Interesting. I just don't have the time that I would like to devote to Spark. I try to remain active here but some days I am MIA. But I am always thinking about my health and trying to stay on



PRNCSCUP1-2FULL

Still at 60%... Interesting. I've dropped teams and joined teams and dropped some more so many times! It is a wonder anyone can ke track of me! But, I do stay active on my friends' blogs and friend feeds!





1859 days ago



CD4199227

LOL Well I certainly am old enough!

Don't blog much though!

1859 days ago

CD4114015

I LOVE this project and SO glad it keeps on...hope it never stops!

v

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	1859 days ago	
Ma	IAMSUNNYHOWARD Great project. I am reminded of the old Brownie song. Make new friends, but keep the old. One is silver and the other gold.	٧
	I think this is a worthwhile project. There are a couple friends I don't see posts on, but I can't se	em
	to find them, too sad 1859 days ago	
	WILSONWR That's a great project! I know I haven't been blogging as much as I used to, and there are many of my Spark Friends that I've lost track of. 1859 days ago	v
	IFDEEVARUNS2	v
(A)	Love that you are keeping a spreadsheet! 1859 days ago	
	CD13202979 It's very kind of you to reach out and attempt to reconnect with those that you have not been in touch with recently. I try to do the same!	V
	THANK YOU! 1859 days ago	
	WATERMELLEN Very cool: and as you say, the Spark community can accommodate many ways of interacting (but I'm glad YOU are a blogger!!) 1859 days ago	V
NO DESCRIPTION OF THE PROPERTY	50YEARSAWIFE Interesting blog. I have wondered the same thing about some of my Spark friends. Thanks for sharing. 1859 days ago	V
	DAWNSUCCESS How wonderful! Teams change, but that they are still sparking is a happy discovery! 1859 days ago	v
	CYCLE3815 Welcome back to group. Have a wonderful day. 1859 days ago	V
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eave enco	ouragement, a question, or anything else relevant to this post. All blog comments must abide by le's Community Guidelines.	
Subsc	ribe to this blog ADD AN EMOTICON SPELL CHECK	K
Post C	Comment	