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# Yorktown VA to Florence OR - 3 years & 4,063 miles

Thursday, December 31, 2015

I began this virtual journey to trek across the USA on Jan 1, 2013.

Yesterday I crossed the finish line.

This was the route I walked/ran. The dot marks my location on Aug 18, 2014.



When I recorded my mileage each day, I would see a picture of my surroundings I especially liked this photo on March 29, 2015 when Sheridan, MT was 10 miles away



I imagined settlers in covered wagons looking ahead and thinking "oh great, more mountains!" Note: I have no idea if wagon trains took this route or not. It's just a game I play in my head.

Memories of real trips past were also in my head.

We travelled through most of the USA when the children were young. Here we are in 1981 somewhere in the southwest when they were 5, 8 & 11.

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Yeah, DD 1 & 2 look like twins. They are an example of the 10th and 90th height percentile in the same family. Note the grip I have on my son's hand. He had an impulsive streak and I didn't want him to slide off into some canyon. The OSU T-shirts? We lived in Columbus, Ohio back then. I still have my old shorts. I keep them around to remind me that a size 10 once meant 34 inch hips (now 40 inches is called size 10 - another blog entirely).

Now back to the present day.

As I start a new year, it's time for a new virtual trek. I find motivation when I see where my daily miles would take me if I lay them end to end.

The USA route was retired (lack of funding) when I was somewhere in Montana. Fortunately, a former leader of our Virtual Walk/Run Challenge Team had recorded the distances to each state line, so I could continue my journey. I only lacked the pictures.

#### Now

www.worldwalking.

org

is my site of choice. Lots of the world to see.

I saw the movie "The Way" a while ago, so maybe I'll follow the Camino de Santiago through the mountains of Portugal and Spain.

Sparker Phebess' real journey to Machu Picchu has inspired me so maybe I'll follow the Inca Trail to see the sites virtually before I convince DH to visit the real thing.

There's always the Great Wall of China. Grandson #1 is there now for a 1 month college course. He's an engineering major with a Mandarin minor and will spend his entire junior year there (2016-17).

Meanwhile, tonight I plan a virtual celebration with Sparkfriend Kurtzie1998.

She lives at the finish line! How about that!

Edit: I could have completed the trek in less time if I had included ALL my daily steps instead of only my actual workout distances. However, I imagined those extra steps as the ones I would have taken seeing the sites of each stop, Yes, I really do play virtual mental games on a virtual journey.

Happy New Year Everyone!

May we spark on together in 2016 wherever your path leads you.

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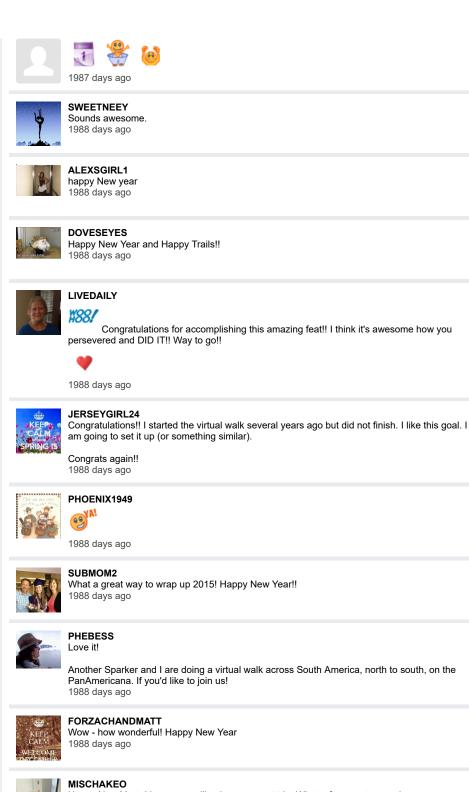
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Happy New Yeat. I know you will enjoy your next trip. What a fun way to exercise. 1988 days ago



#### **ONEKIDSMOM**

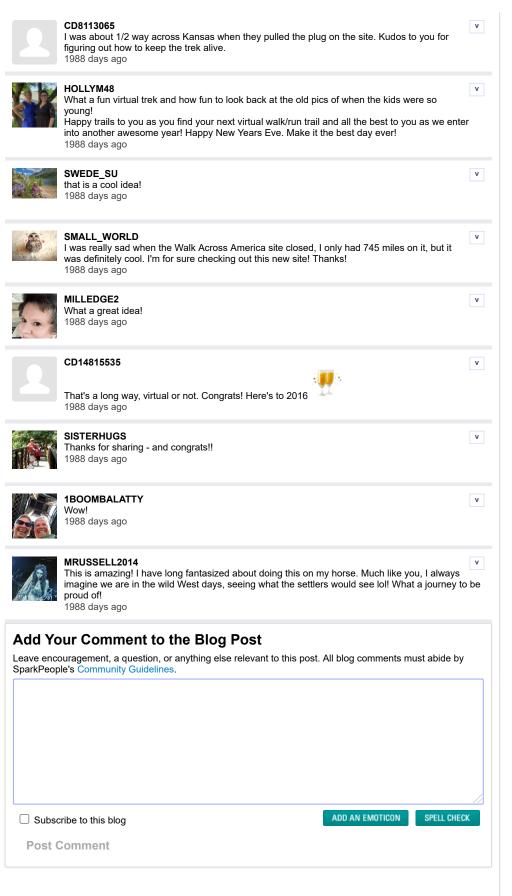
OK, ya got me... went and signed on to World Walk... it will be a little different from my Walk This Way that automatically links to my fitbit. But that one had the same virtual trails two years in a row, and I'm tired of them. So... let's see if I can get this one kept up to date in reasonable fashion! 1988 days ago



### **BBEAGAN**

That is awesome! what a wonderful accomplishment! Did you push at the end to finish by Dec 30 2015? or just fluke timing? what an amazing thing to know you were able to do... And I love the virtual games you played. (If you take on the Inca Trail virtually, you'll need some way to take elevation into account!)

1988 days ago



Disclaimer: Weight loss results will vary from person to person. No individual result should be seen as a typical result of following the SparkPeople program.