

LOG OUT



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It's not where you start, it's where you finish

Friday, October 05, 2012

That's was the song in my head while running the other day. Coming back from rehab sometimes it's discouraging not to be going as far or as fast as I want. Many on SP get discouraged when the weight loss is not progressing faster. Sometimes you realize in spite of all your effort, your body doesn't look that that woman across the room. Still we keep on trying to be the best version of ourselves possible.

We all started in different places and have our eye on a different finish line.

As the lyrics say:

It's not where you start, it's where you finish,
 It's not how you go, it's how you land.
 A hundred to one shot, they call him a klutz,
 Can outrun the fav'rite, all he needs is the guts.
 Your final return will not diminish,
 And you can be cream of the crop.
 It's not where you start, it's where you finish,
 And you're going to finish on top.

See you at the top Sparkers. Have a good day

Note: It's Not Where You Start (It's Where You Finish)
Music by Cy Coleman - Lyrics by Dorothy Fields

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CD12758218



Very inspiring!
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THANK YOU!

SUZYMOBILE

Wonderful!





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Good blog. Inspirational.



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Thanks! I've been needing additional inspiration lately, so your blog comes at a good time.

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Thanks for posting!

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