



BROOKLYN_BORN

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Back to the Future? Pictures: Then and Now

Tuesday, October 30, 2012

I can't call these pictures before and after, because they're really before and back to before – decades later.

I made this colorful jumpsuit for a trip to Hawaii in 1970 (meeting DH for RnR from Vietnam). This photo was taken in 1972 when our daughter was almost 3.



Here I am, older, wiser and in the same outfit in October 2009, exactly 3 years ago when I reached my maintenance weight. I'm still there.

On the wall is a picture of our grandchildren taken 7 years ago. They're a lot bigger now.

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Disclaimer: I do weigh 13 lbs more than I did as a young mother 40 years ago and that's just fine with me. I really don't plan to wear this thing out anywhere. It's simply a nostalgic trip down memory lane.

I wonder what else I can find in my photo albums that might still be hiding in a closet or box in the basement?

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CD11026554
lovely - thank you for sharing x
3145 days ago



CD4382497
Fantastic memories! Love it.



Thanks so much for sharing your story!
3145 days ago



CD11824494
Oh wow! that was fun to read and see the pictures with that outfit! Thank you!
3146 days ago



MISCHAKEO
That was such a fun thing to do. How nice that you can fit that outfit. Too cute.
3148 days ago



CD12758218
So cute -- both pictures!
3149 days ago



BOILHAM
Great now and then photos.
3149 days ago



POINDEXTRA
FABulous fabric!





3149 days ago



DEBBY4576

Isn't that something? You kept that jumpsuit all these years. Before you lost your weight, you probably thought you'd never wear it again!!!! But there you are!!! And keeping it off is the real kicker. You must really be in shape, because I could put on something from 1970 and weigh about the same and the stupid middle would be too tight. Whatever happened to my waist? Any particular exercise you used to stay trim in the middle. Inquiring minds want to know haha.
3149 days ago



WATERMELLEN

What a great upbeat blog!! You look terrific!! And it feels good to wear clothes that fit 30 years ago (I've got some vintage right out of my own closet too . . .).

Thanks for your comment on my maintaining to weight loss blog. I'm OK with the 1400 (often fewer) calories a day: just try to make sure that they're calories packed with real nutrition!! If that's what it takes, that's OK with me.
3149 days ago



CELIAMINER

Bet most of that 13 pounds is muscle mass! You looked great then; you look fabulous now!
3149 days ago



WILSONWR

That was a nice trip down memory lane - it was great you thought of taking that picture years later in the same dress! While your DH was in Vietnam, I was in Guam, helping in the B-52 mission there to support our troops in Vietnam. Thanks for helping to remember those challenging times!
3149 days ago



LADYJ6942

Great trip, nice job!!!
3149 days ago



BROOKLYN_BORN

Sue, in the new photo I'm only 13 lbs heavier than 40 years ago. Thirty (30) pounds was my total weight gain.
3149 days ago



Comment edited on: 10/30/2012 9:31:34 AM



SUZYMOBILE

That is so cool that you still have a dress from the 70s, and amazing that 30 extra pounds only make you look better in it!

Nice to see you, by the way!
3149 days ago



AJB121299

nice
3149 days ago



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