



154,986



my SPARKPEOPLE®

Photos

\*\*

Feed

Blogs

Awards

More



## Can you give a whole team a Goodie?

Info

Monday, October 29, 2012

First, I want to thank those who have been reading my blogs. After 3 years of being totally mute on SP, suddenly the words are tumbling out and through my keyboard.

In addition I would like to thank whole teams. Two in particular – Maintenance and Masters Runners. Finding a niche has changed my attitude. Instead of being overwhelmed with the hundreds of thousands of Sparkers and lost in the maze of information, I have a home – a couple of homes actually – and a few more I plan to visit more often.

Ok, I suppose you are my "imaginary" friends and acquaintances, but we are united in a common purpose nonetheless. Reading about your successes, setbacks and plans to improve encourage me to strive to be a better person in all areas of life.

One of the trivia questions last week was whether or not Sparkers who participate in Community are more successful than those who don't. The answer was TRUE and although I hover at the 66% correct mark, this time I guessed right figuring that it wouldn't have been asked if it wasn't true.

I really believe it.



So thank you all. You're making my mornings brighter and strengthening my resolve to continue this journey. Now I'm off to the gym in a rainstorm, the beginning of Sandy, I suppose. If I didn't start my day here, I might have just pulled the covers over my head and gone back to sleep.

Edit Blog Entry | Delete Blog Entry

**Share This Post With Others** 

Report Inappropriate Blog

Add a Blog Entry

See Today's Featured Member Blog Posts

## More Blogs by BROOKLYN\_BORN

Now I can add one more event to my "Anniversary Dates" to forget - 6/7/2021

Avoiding Our Wedding Anniversary - 6/4/2021

Multitasking for Safety – Plus Remembrance and Reflection - 6/1/2021

Taps Across America – The National Moment of Remembrance - Monday 5/31/21 3PM - 5/30/2021

View All >

	TINAJANE76 Thank YOU too! It's wonderful to hear so many new voices, especially from maintainers, here on SP. Please keep on blogging and sharing your thoughts and journey.  3141 days ago	V
	MISCHAKEO That was such a nice blog. I begin with Spark also before I head off for exercise. The support is amazing. I love your blogs and like your style of writing. Keep the words coming!  3148 days ago	v
Ŷ	WATERMELLEN It's really true for me too the people I've met here are a huge motivation to keep on keeping on! (also: loved your blog about getting faster relatively as you get older wish I could still run si 3149 days ago	y gh)
0,2	<b>DEBBY4576</b> You are a doll. So Uplifting to read your blogs, and your zest for life. 3150 days ago	v
man and	BOILHAM You do have some interesting blogs. Keep reading my blogs if you want to hear about setbacks and plans to improve. I've got a million of 'em. 3150 days ago	V
	CD8113065 I dunno, I feel pretty concrete for being "imaginary".  3150 days ago	v
	<b>MJZHERE</b> I.too, am glad you are here. Really enjoy your blogs, insight, and humor. Thank you for contributing and being such an active member. 3150 days ago	V
	SUZYMOBILE Thank YOU! Once you decided to become active on SP, you've been a star contributor, as far as I'm concerned! 3150 days ago	V
	CD5500762  3150 days ago	v
	<b>CELIAMINER</b> Such nice words! I'm glad you're here and pouring your heart out in your blogs! 3150 days ago	v
Leave enco	Dur Comment to the Blog Post Duragement, a question, or anything else relevant to this post. All blog comments must abide by le's Community Guidelines.	
☐ Subsc	bribe to this blog ADD AN EMOTICON SPELL CHEC	ж

## **Post Comment**

Disclaimer: Weight loss results will vary from person to person. No individual result should be seen as a typical result of following the SparkPeople program.