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Facts - Knowledge - Wisdom

Sunday, November 25, 2012

We know they're not all the same thing. We have more "facts" available at our fingertips than at any time in history. There are so many facts that we need help to sort them out to gain any real knowledge. So we subscribe to media to help analyze it all. Unfortunately, we also tend to patronize those sources which agree with what we want to believe.

"There are 3 kinds of lies - lies, damn lies and statistics." This statement was popularized in America by Mark Twain and attributed to British Prime Minister Benjamin Disraeli.

We all view information through our own lens which sometimes distorts our view of reality. Just look at the competing bumper stickers and commercials during an election year. Half of the population believes each side completely. It takes an extraordinary effort to find the truth and chart our own course.

I've written about my grandmother. We called her "Baba." She was a wise woman. She warned about how our food was changing about 50 years ago. She also had ideas that were false. No Baba, jumping rope and running will not make my insides fall out. In her defense, this was the conventional wisdom at the time and she didn't have the Internet.

Take the quote I mentioned earlier. As it turns out, it's unlikely that Disraeli was the author.

www.twainquotes.com/Stat

istics.html

www.york.ac.uk/depts/mat

hs/histstat/lies.htm

Obviously, this commonly accepted fact whether true or false won't adversely affect anyone's life. However, it is important that we realize our own preconceptions, investigate competing resources and sift all the facts carefully to arrive at true knowledge. Hopefully this will lead us to the wisdom to lead healthy, meaningful lives.

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IAM53559

Oh my! I have a Facebook account and that's all you need to see how true your message is!:) I see posts about missing people, "facts" about politics, information about health, religion and social norms.... and I never forward or react unless I have checked it out. www.snopes.com is a good source for checking if "they" really said this or that. Even Wikipedia can help ascertain truth

and help me to decide if I believe the propaganda being sent. Too often we hear something and take for granted it's true, especially is sent or told to us from friends or acquaintances. We need to sort it and make our own rational judgements before we condemn, criticise, or comment. Sadly, too often, we judge then learn truths. Thanks for the thought-provoking message this Monday morning 3123 days ago CD11325745 ٧ Luckily spark people have done all the most up to date research for us. x 3123 days ago **CELIAMINER** I'm happy for you sharing YOUR wisdom! 3123 days ago -AMANDA79-We recently watched the documentary Forks Over Knives. I believed every word while the husband was a little more skeptical. We are trying to incorporate some vegetarian meals though! 3123 days ago SUZYMOBILE I've been delighted lately with Doonesbury's celebrating the return of truth and science! Google Doonesbury from the past week or so, if you don't already read it. 3123 days ago **COCK-ROBIN** Very good! Thanks for sharing. 3123 days ago MJRVIC2000 Praise Jehovah God for His truth and wisdom! If we will follow Him, humbly and faithfully, He can and will keep us from the bondage of the flesh! Worship Him and give Him all the glory! Vic. Add Your Comment to the Blog Post Leave encouragement, a question, or anything else relevant to this post. All blog comments must abide by SparkPeople's Community Guidelines. ADD AN EMOTICON SPELL CHECK ☐ Subscribe to this blog **Post Comment** Disclaimer: Weight loss results will vary from person to person. No individual result should be seen as a typical result of following the SparkPeople program.