




# BROOKLYN\_BORN

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## I'm a 'C' - No longer a 'D' - Maybe I can even be a 'B'?

Sunday, December 02, 2012

Gee, that sounds like breast reduction surgery. No, that's not needed here. It has nothing to do with weight either. It's my TRIVIA SCORE! 75% for November and 70% since I started. I started VERY badly.

I wrote awhile ago that although it made me aware of how much I didn't know, I was determined to keep at it without using an "open book" or "open Google"(not that there's anything wrong with that as Seinfeld would say).

I'm very stubborn and tenacious so I just started reading more articles and taking some quizzes. I've learned a lot from reading blogs too, not just the featured ones, but those written by friends and friends of friends. It is amazing how one person's post leads to another and adds to my base of knowledge. I've become aware of some inspirational personal stories too. We've taken some different routes on the same journey. See you all at the finish line!

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## Member Comments About This Blog Post



**BOILHAM**

You are such an information junkie. I know someone else like that. If you don't mind, I hope it's a very long time 'til I see you at the finish line!  
3115 days ago



**MISCHAKEO**

Trivia quizzes are good fro the brain..I don't do them, but hope you enjoy them. I do the sme as you..read other blogs from friends of friends.  
3115 days ago



**JOYNEW**

I'm not so good at the trivia either, but I keep at it. I figure I learn a lot even when I'm wrong. And I too refuse to cheat :)  
3116 days ago



**SUZYMOBILE**

The thing is, though, there isn't any finish line! (Well, other than the one all of us reach.) That has been an eye opener for me--that this is a lifelong journey.



I hear you about learning from others here, all the time! I've discovered, on our maintenance team, that I've never "really" been maintaining in the way I want to. I reach a low goal weight, over and over, then bounce up from it, over and over. The bounces aren't that big any more--no more than 7 pounds--but my new idea of maintenance is going to consist of staying right AT that goal weight.

Thus the change in my tracker. I still don't know exactly how I'm gonna do it, but it should be interesting. Hmm. There might be a blog in this insight.

Thanks for making me think, even on a weekend!  
3116 days ago



**COCK-ROBIN**

You're doing great! I give you an A.  
3116 days ago



**COCK-ROBIN**

You're doing great! I give you an A.  
3116 days ago



**FITFOODIE806**

ha! I thought this was about bras! Nice work improving your score through learning.  
3116 days ago



**WILSONWR**

I'm doing about the same as you (72% overall). I asked one of the people who was at 100% for the month how she did it. You guessed it - Google! Google gives you the exact same question (with answer) at some of the SparkPeople message boards. I guess I could do well that way also, but I just wouldn't learn anything. I'll just have to work towards the "B" the old fashioned way!  
3116 days ago



**CD10259955**

I thought I knew a lot until I starting doing the trivia and quizzes. Learned otherwise!!! Congrats on an improved "report card"!!!!  
3116 days ago



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Disclaimer: Weight loss results will vary from person to person. No individual result should be seen as a typical result of following the SparkPeople program.